



# CHURCH OF SAINT LUKE LENDING LIBRARY

## JANUARY 2023 - NEWSLETTER

### Our Mission

To provide Christian resources that will spark spiritual growth and development for every St. Luke parishioner.



### Our Community Library Policies

Our Lending Library works on the honor system. Choose a book that you are interested in reading, log it out on the sign-out sheet and once read, return the book in the BOOK RETURN basket.

- Books can be signed out for up to a month, but we ask that you return them once read (extended time frame allowed for Lent and Advent book selections).
- Because we are a small library with a limited number of books, we ask that you only take one book out at a time.
- Each book contains a Lending Library bookmark. There is a space at the top of the bookmark where you can write the date that the book should be returned by.
- Please do not underline, highlight or write in the books.

We honor you by providing the best of Catholic reading. Please honor us by returning the books promptly so that they can be shared among all parishioners.

## January Featured Books

### **Untroubled by the Unknown - Trusting God in Every Moment**

by Father Mike Schmitz

The world is uncertain and ever changing--but Catholics are called to be untroubled by the unknown and secure in the midst of insecurity. How can this be?

The only real way to be secure in the midst of uncertainty and insecurity is to trust in God. *Untroubled by the Unknown*, Fr. Mike Schmitz shows Catholics that enduring hope and trust is just as possible today as it was for the first disciples.

Complete with questions for personal reflection or group discussion and real-life challenges after each chapter, this booklet is perfect for individual devotion or group study.

### **Catechism of the Spiritual Life**

by Cardinal Robert Sarah

Newly  
Published!

In this dynamic and authoritative book on the spiritual life, Cardinal Robert Sarah shows us how to enter into and progress through the spiritual life. He notes that the goal of this work is "to accompany all those who have set their hearts on responding to God's love with a full, happy, fruitful life that will culminate in the eternal happiness of contemplating Him."

Organized around the sacraments, prayer, asceticism, and the liturgy, this book is infused with a single goal: to make us all aware that our Baptism is the beginning of a great conversion--the return to the Father.

Cardinal Sarah invites you to journey with him through the Gospels and discover the origin and meaning of each of the sacraments and how each one is essential to helping you grow in your personal relationship with Jesus, foster your contemplative life, and flourish in communion with the Holy Trinity.

### Devotion of the Month

#### **The Holy Name of Jesus**

The month of January is dedicated to the **Holy Name of Jesus**. Christ's name is chosen in heaven and the Angel Gabriel announces it when he informs the Blessed Virgin of the incarnation. It is a name that has marvelous implications, for it means "savior." The very name bespeaks the magnitude of His mission and His infinite love for us.

### The Pope's Intention for January

#### **For Educators**

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

### January Dates to Remember

#### **01/01/23: Solemnity of Mary, Mother of God**

01/02/23: St Basil the Great-Patron of Monks, Tailors

01/03/23: *The Most Holy Name of Jesus*

01/04/23: St. Elizabeth Ann Seton-Patron Catholic Schools

01/05/23: St. John Newmann-Patron of Sick Children

01/06/12: St. André Bessette-Patron of the Sick

#### **01/08/23: Solemnity of the Epiphany of the Lord**

#### **01/09/23: Feast of the Baptism of the Lord**

01/17/23: St. Anthony of Egypt-Patron of Skin Diseases

01/21/23: St. Agnes-Patron of Gardeners

01/23/23: *Day of Prayer for the Legal Protection of Unborn Children*

01/24/23: St. Francis de Sales-Patron of Writers, Deaf

#### **01/25/23: Feast of Conversion of St. Paul, the Apostle**

01/26/23: Sts. Timothy & Titus, Bishops

01/28/23: St. Thomas Aquinas-Patron of Schools

01/31/23: St. John Bosco-Patron of Schoolchildren

## New Year's Spiritual Resolutions for 2023

Losing weight, eating healthier, exercising more or quitting a bad habit appears on most everyone's yearly resolutions. But have you thought about making a change this new year and add a *spiritual resolution* to your list for 2023? Below are some examples for you to take advantage of and add to your 2023 list of New Year's Resolutions!

### Who Wrote the Catechism of the Catholic Church?

At the 1985 Synod Intervention, Cardinal Bernard Law first publicly suggested the drafting of a catechism. In response to this proposal, Pope John Paul II commissioned twelve cardinals to oversee the work. The chair of this commission was none other than Joseph Ratzinger, prefect of the Congregation of the Doctrine of the Faith and future Pope Benedict XVI. These twelve were charged with drafting a catechism for the Universal Church.

The twelve immediately organized a group of 44 consultors worldwide and picked a committee of seven bishops to compose the *Catechism*. The collaborators met, consulted, drafted, and edited. The texts and drafts were sent to all the Catholic bishops in the world and all of the main Catholic Universities and Institutes. The various backgrounds and differing expertise resulted in over 930 replies and 24,000 suggestions.

The final text was completed by the commission and presented to the Holy Father in February of 1992. On October 11th, 1992, Pope John Paul II presented the *Catechism of the Catholic Church* to the world. (Taken in part from *Ascension Press* 07/27/22.)

Join Fr. Mike Schmitz on January 1<sup>st</sup> in reading the *Catechism in a Year*. See below to obtain a FREE copy of the Reading Plan and listen to Fr. Mike's daily podcast! This would be a great addition to your Resolution List! For more information: <https://ascensionpress.com/pages/catechisminayear>

**NOTE:** No need to purchase a copy of the newly released *Catechism*. You can easily use the *Catechism* version that you currently own.

### Understand Your Catholic Faith with The *Catechism in a Year* Podcast with Fr. Mike Schmitz!

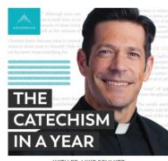
By listening to this podcast, Catholics will:

- Read the entire *Catechism of the Catholic Church* in 365 days
- Understand the essentials of the Catholic Faith and why they matter
- Transform their relationship with the Church that Christ founded

#### Get the FREE Reading Plan!

Scan this QR code with your phone to learn more and get your free reading plan!

[www.ascensionpress.com/ciy](http://www.ascensionpress.com/ciy)



### What is the First Friday Devotion?

Our Lord appeared to St. Margaret Mary Aloccoque (1647-1690), a French nun in the Visitation Order, and gave her the special task to spread devotion to His Most Sacred Heart at a time when religion was growing cold in the hearts of mankind.

Jesus asked for special prayers and practices to make amends (reparation) for this great neglect to the proper reverence owed to God. For those who did this faithfully, He made what St. Margaret Mary referred to as the "**Great Promise**" which was the last and greatest of the **Twelve Promises of the Sacred Heart of Jesus**:

*"I promise you in the unfathomable mercy of my heart that my omnipotent love will procure the grace of final penitence for all those who receive communion on nine successive first Fridays of the month; they will not die in my disfavor [the grace of final repentance], or without having received the sacraments, since my divine heart will be their sure refuge in the last moments of their life."*

Please join us on the first Friday (beginning on 1/6) of each month at 12:00 pm. at St. Luke's Church for the **First Friday Devotion Mass**. This would be an awesome addition to your New Year's Spiritual Resolution List!

### Join us in Prayer at St. Luke's Church

**ADORATION:** Join us for Adoration every Tuesday from 8:30 - 9:30 a.m. and the 1<sup>st</sup> Thursday of the month at 7:00 p.m. During Adoration, we pray the Divine Mercy Chaplet for the Sick & Dying of the Parish and the world.  
**ROSARY:** Rosary is said prior to morning Mass, Monday-Friday: 7:30 a.m.  
**NOVENA TO ST. JUDE:** Novena said during Monday 8:00 a.m. Mass.  
**MARIAN DIVINE MERCY:** Monday-Friday at 3:00 p.m.

### Join a Small Faith Group at St. Luke's Church

**CENACLE GROUP:** We meet the 2<sup>nd</sup> and 4<sup>th</sup> Monday at 6:30-7:30 p.m. for prayer, bible reflection, and concluding with the Divine Mercy Chaplet.

**NOTE:** In 2023, on the 4<sup>th</sup> Monday of each month, we will be adding a discussion on the *Catechism in a Year* to our Cenacle Group meeting.

**ST. LUKE'S WOMEN'S GUILD:** Join us on the 1<sup>st</sup> and 3<sup>rd</sup> Fridays at 10:00 a.m. for prayer, reflection on Sunday's Gospel and community.

**ST. ANNE'S GRANDMOTHER'S GUILD:** Meets the 2<sup>nd</sup> Tuesday of each month at 10:30 a.m. for prayer, sharing and learning.

**CONFRATERNITY OF ST. JOSEPH MEN'S GROUP:** We meet on the 3<sup>rd</sup> Wednesday each month at 6:30 p.m.

### A Saint For The Year

Pick a patron Saint for the year...or even a new one every month! Get to know them by reading about their life. Read something they wrote and ask them to pray for you.

Jennifer Fulwiler has created "A Saint for the Year" generator, which will choose a Saint for you. Make sure you say a quick prayer to the Holy Spirit to send you a saint who can guide and inspire you! Access generator here:

<https://saintsnamegenerator.com/>

This would be the perfect addition to your Spiritual Resolution List!

### Church of St. Luke Lending Library

And don't forget about our **Lending Library**! Resolve to read one spiritual book a month. We have 259 titles across 12 topics from Prayer, to the Saints, the Sacraments, Catholic Living, and Women and Men topics. I'm sure you will find a book that you can't put down, so make sure to add this to your list!