



# CHURCH OF SAINT LUKE LENDING LIBRARY

## AUGUST 2022 - NEWSLETTER

### Our Mission

To provide Christian resources that will spark spiritual growth and development for every St. Luke parishioner.



### Our Community Library Policies

Our Lending Library works on the honor system. Choose a book that you are interested in reading, log it out on the sign-out sheet and once read, return the book in the BOOK RETURN basket.

- Books can be signed out for up to a month, but we ask that you return them once read (extended time frame allowed for Lent and Advent book selections).
- Because we are a small library with a limited number of books, we ask that you only take one book out at a time.
- Each book contains a Lending Library bookmark. There is a space at the top of the bookmark where you can write the date that the book should be returned by.
- Please do not underline, highlight or write in the books.

We honor you by providing the best of Catholic reading. Please honor us by returning the books promptly so that they can be shared among all parishioners.

## August Featured Books

### *These Beautiful Bones*

by Emily Stimpson

With both humor and practical wisdom, it sheds light on what the theology of the body has to say about life beyond the bedroom, about the everyday moments of life, helping you discover how to let grace enter into those moments and make them something extraordinary.

“As a writer, Emily Stimpson always brings to her readers a unique combination of deep wisdom, practical insight, and personal experience. In *These Beautiful Bones*, she uses the sacramental lens of the liturgy to explore a wide range of activities in daily life. Whether it’s your eating habits or clothing styles, the dignity of hard work or the pitfalls of pop culture, you will find in this book lots of graceful guidance in living out the physical side of being spiritual.” -- *Quote from Dr. Scott Hahn* --

### *The Pocket Guide to Adoration*

by Fr. Josh Johnson

*Pocket Guide to Adoration* equips Catholics with the tools they need to improve the way they pray and cultivate a deeper relationship with Jesus in the Eucharist.

Drawing from the wisdom of the Church and the writings from spiritual masters like St. Teresa of Avila and Fulton Sheen, Fr. Josh Johnson has produced an evergreen resource that Catholics will want to take with them every time they go to Adoration.

This pocket guide includes: stories of Eucharistic miracles, *Lectio Divina* prompts and reflections, inspiration from the saints, litanies and devotionals, including the *Litany of Trust* by Sr. Faustina Maria Pia of the Sisters of Life.

Catholics who struggle to stay focused in prayer, who struggle to be consistent in their relationship with Jesus, who don’t know what to do in Adoration, or who simply need encouragement and inspiration to get there, will deeply appreciate this tiny but mighty book.

### Devotion of the Month

#### **The Immaculate Heart of Mary**

During the Fatima July apparition, Our Lady gave the children a short prayer to say often, especially while making a sacrifice to save sinners:

*“O Jesus, this is for love of Thee, for the conversion of sinners, and in reparation for offenses committed against the Immaculate Heart of Mary.”*

### The Pope’s Intention for August

#### **Small Business**

We pray for small and medium sized businesses; in the midst of economic and social crisis, may they find ways to continue operating, and serving their communities.

### August Dates to Remember

- 08/01/22: St. Alphonsus Liguori-Patron of Lay Apostolate
- 08/04/22: St. John Vianney-Patron of the Poor
- 08/08/22: St. Dominic-Patron of Astronomers
- 08/09/22: St. Teresa Benedicta of the Cross-Patron of
- 08/11/22: St. Clare of Assisi-Patron of Eye Disease
- 08/14/22: St. Maximilian Kolbe-Patron of Families
- 08/15/22: Assumption of the Blessed Virgin Mary (Holy Day of Obligation)**
- 08/18/22: St. Helena-Patron of New Discoveries
- 08/22/22: The Queenship of Mary**
- 08/27/22: St. Monica-Patron of Wives, Abuse Victims
- 08/28/22: St. Augustine of Hippo-Patron of Brewers

## What is Eucharistic Adoration?

Our world today offers never ending opportunities to keep us occupied and distracted. Eucharistic Adoration provides Catholic's the exact opposite, a means to step away from the noise. It is a time to enter into a quiet and sacred space to deepen our relationship with Jesus.

There are two types of Eucharistic Adoration, the first type is often scheduled for one hour on a weekly basis in parishes. The second type, Perpetual Adoration, differs in that as the name implies, it is continual and takes place throughout all twenty-four hours of each day. This type of Adoration most often is part of the practices of Religious Orders and even some parishes. During Eucharistic Adoration, the priest takes a consecrated host from the Tabernacle, and places it in a Monstrance. The word "Monstrance" means to show. The Monstrance is then placed on the Altar. This allows everyone in the church to see Jesus who is present and waiting for each of us in the Consecrated Host, the Blessed Sacrament.

What do you do during Eucharistic Adoration? Bishop Fulton Sheen encouraged people to bring their Bibles and practice *Lectio Divina*, which means divine reading. This is when you read a paragraph, or perhaps even a chapter from the Bible and reflect on it. In the book, *Pocket Guide to Adoration*, Father Josh Johnson discusses the five steps of divine reading:

1. **Read:** What does the Scripture Text say in and of itself?
2. **Meditate:** What does the Scripture say to me?
3. **Pray:** Converse with the Holy Spirit of Jesus Christ about what the Scriptures are saying to me.
4. **Contemplate:** Allow myself to be in the stillness of the gaze of Christ as I look at him.
5. **Resolve:** What concrete action will I take in my daily life in response to *Lectio Divina*?



However, what manner each individual chooses to spend time with Jesus during Eucharistic Adoration is up to them as long as it is done in a quiet and reverent manner. Bring a religious book and use the time to read and reflect. Pray the Rosary or other special devotional prayers. Use this time to converse with Jesus privately and engage in active listening before the Consecrated Host. Spend the time in quiet Adoration. It is not a requirement to stay the entire hour, stop in and stay as long as your schedule allows. You do need to be aware that the priest, and parishioners who are present, will say a set of prayers at the beginning, and at the end of Adoration. These prayers are located on the back, inside cover of our missalette.

Many saints have attested to the strength and guidance they received when engaging in Eucharistic Adoration. Two contemporary Saints, Saint Mother Theresa and Saint John Paul II, stated they went to Adoration daily and always said it was how they were able to persevere in God's work. If you are looking for a way to strengthen and deepen your faith, attend Eucharistic Adoration.

You have two opportunities to attend Adoration at St. Luke's: immediately after each Tuesday morning mass, and the first Thursday of every month from 7:00 p.m. to 8:00 p.m.. Please come and join us for Eucharistic Adoration and visit our **Lending Library** to learn more.

### In the Spirit

This month, we will highlight another Spiritual Gift and that is the charism of *Intercessory Prayer*.

*Intercessory prayer*, is typically given to those who have a strong sense of compassion and empathy for others. We all have the ability to pray for others, but the gift of intercession is the ability to pray God's perfect will for a person or situation. You do not need a charism of *Intercessory Prayer* to pray for someone else. Prayer for others is one of the spiritual works of mercy and does not require a special gift.

In addition to this kind of intercession for individuals, we are called to intercede intensely for the renewal of our parish, the diocese, and for the larger community. Such prayer is crucial because it changes the spiritual atmosphere of a place or community.

*Opportunities for Expressions of Intercessory Prayer in our Parish:*

- **Rosary/Novena/Chaplet**
  - ✠ Come a half hour early to weekday Mass to say the Rosary with us.
  - ✠ Attend the St. Luke Marian Divine Mercy from Monday through Friday at 3:00 p.m. in the church and say the Novena Chaplet of the Divine Mercy with us.
- **Eucharistic Adoration**
  - ✠ Attend Adoration after Tuesday morning mass or pray the Divine Mercy Chaplet for the sick and dying of the parish with us on the first Thursday of every month from 7:00-8:00 p.m.



### Did you know...

A little-known detail in Catholic Churches is the presence of saint relics inside the primary Altar reserved for the sacrifice of the Mass. These relics are generally encased inside an Altar Stone, though sometimes they can be visibly displayed in special reliquaries.

It is an ancient custom that the Church retains, as specified by the [\*General Instruction of the Roman Missal\*](#), "The practice of the deposition of relics of Saints, even those not Martyrs, under the Altar to be dedicated is fittingly retained."

It was common for the early Christians to celebrate memorial Masses in the catacombs, on top of the tombs of the saints. This practice was continued, when churches were built, by transferring relics of the saints to the Altar.

The practice of placing relics underneath the Altar is entirely biblical (see Revelation 6:9). It is not meant to take anything away from our focus on Jesus Christ and his sacrifice on Calvary, but to remind us of how we are to imitate his example.

Now you are in the know!