

CHURCH OF SAINT LUKE LENDING LIBRARY

MAY 2022 - NEWSLETTER

Our Mission

To provide Christian resources that will spark spiritual growth and development for every St. Luke parishioner.



Our Community Library Policies

Our Lending Library works on the honor system. Choose a book that you are interested in reading, log it out on the sign-out sheet and once read, return the book in the BOOK RETURN basket.

- Books can be signed out for up to a month, but we ask that you return them once read (extended time frame allowed for Lent and Advent book selections).
- Because we are a small library with a limited number of books, we ask that you only take one book out at a time.
- Each book contains a Lending Library bookmark. There is a space at the top of the bookmark where you can write the date that the book should be returned by.
- Please do not underline, highlight or write in the books.

We honor you by providing the best of Catholic reading. Please honor us by returning the books promptly so that they can be shared among all parishioners.

May Featured Books

Letters to Myself from the End of the World

by Emily Stimpson Chapman

If you could talk to your younger self, what would you tell her? In *Letters to Myself from the End of the World*, Emily Stimpson Chapman weaves Catholic theology, biblical wisdom, and her own life experience into forty-five "letters" to her twenty-five-year-old self. Both personal and practical, Chapman's letters reflect upon sin and grace, the Church's sacraments and saints, scandals and injustice, social media and prayer, suffering, adoption, motherhood, and much more. Written in real time, during the summer and fall of 2020, while pandemics and riots filled the news and as Chapman and her husband prepared to adopt a second child, *Letters to Myself from the End of the World* is a faithful guide for pursuing holiness and spiritual maturity in a world broken by sin. It's also a testimony to the power of grace to heal our hearts, renew our minds, and transform our lives.

Little Sins Mean a Lot - Kicking Our Bad Habits Before They Kick Us

by Elizabeth Scalia

Most of us at one time have said, or thought, something like:

- "So I procrastinate, it's not like it's hurting anyone!"
- "I deserve this, so I'm treating myself!"
- "I'll get around to it...or not."
- "It's not really gossip if it's all true, right?"
- (And the granddaddy of them all) "But that doesn't make me a bad person!"

Are these really sins, you ask? After all, they're not murder, theft, or violence. Don't they just mean we're human?

Writer, speaker, and blogger Elizabeth Scalia takes a look at thirteen of these "little sins" that, if left unexamined and unconfessed, can have a serious impact on our spiritual lives and relationship with Christ. Through her honest (and sometimes funny) examination of these same sins in her own life, as well as Church teaching on each one, she helps us ask ourselves the tough questions, and the tools to kick these bad habits before they kick us.

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Devotion of the Month:

The Virgin Mary

"To succeed in your intentions, entrust yourselves to the Blessed Virgin Mary always, but especially in moments of difficulty and darkness. From Mary we learn to surrender to God's will in things. From Mary we learn to trust even when all hope seems gone. From Mary we learn to love Christ, her Son and the Son of God... Learn from her to be always faithful, to trust in God's Word to you will be fulfilled, and that nothing is impossible with God."

-- St. John Paul II --

May Dates to Remember

05/01/22: **Saint Joseph the Worker** - Patron of Workers and Craftsmen

05/02/22: **Saint Athanasius** - Patron of Theologians

05/03/22: **Saints Philip & James** - Apostles

05/08/22: **Mother's Day**

05/10/22: **Saint Damien of Molokai** - Patron of People with Leprosy

05/13/22: **Our Lady of Fatima**

05/14/22: **Saint Matthias** - Apostle

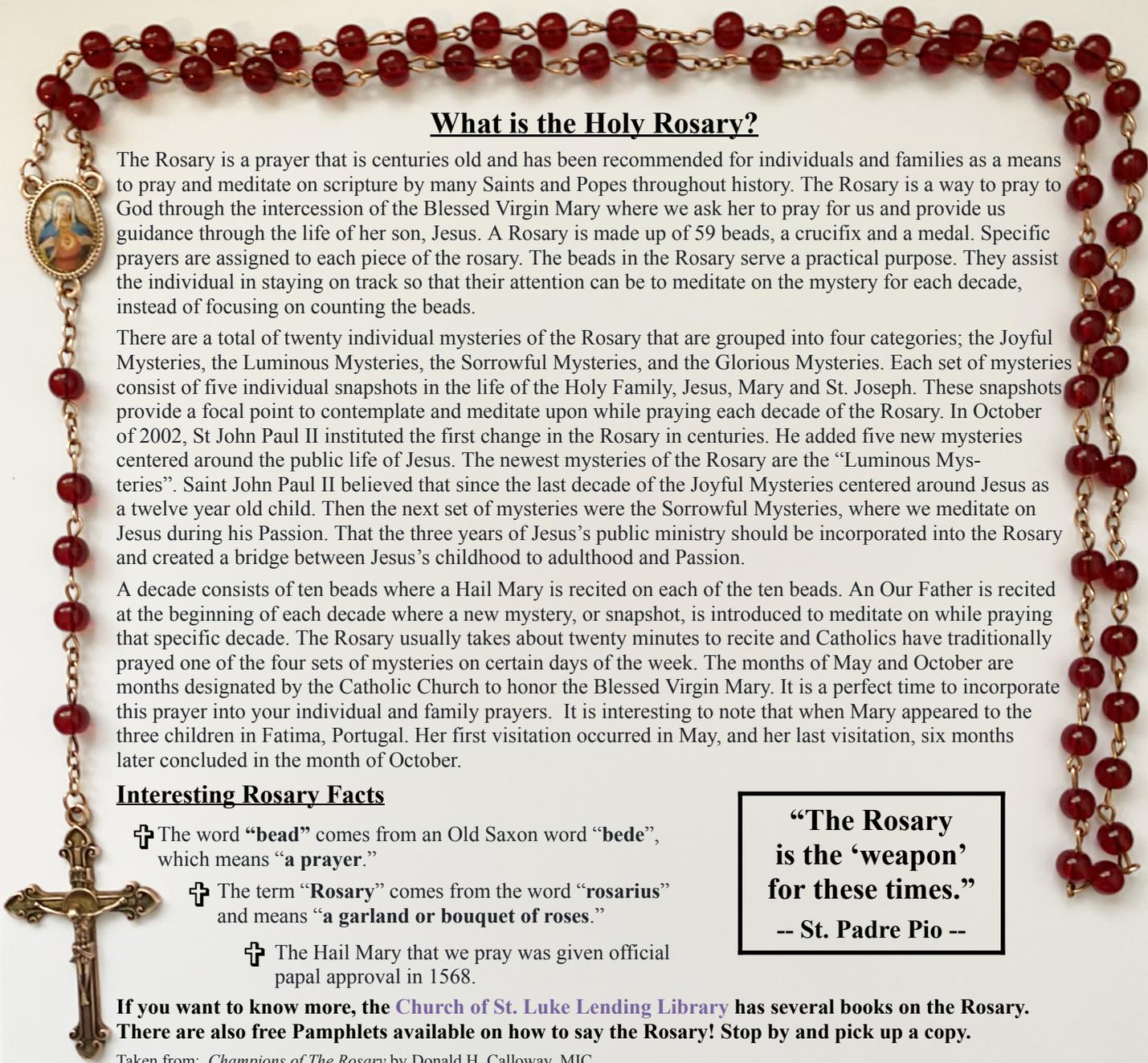
05/20/22: **Saint Bernardine of Siena** - Patron of Respiratory Problems

05/25/22: **Saint Mary Magdalene de' Pazzi** - Patron of Bodily Ills

05/26/22: Solemnity of the Ascension of the Lord

05/29/22: **Memorial Day**

05/31/22: The Visitation of the Blessed Virgin Mary



What is the Holy Rosary?

The Rosary is a prayer that is centuries old and has been recommended for individuals and families as a means to pray and meditate on scripture by many Saints and Popes throughout history. The Rosary is a way to pray to God through the intercession of the Blessed Virgin Mary where we ask her to pray for us and provide us guidance through the life of her son, Jesus. A Rosary is made up of 59 beads, a crucifix and a medal. Specific prayers are assigned to each piece of the rosary. The beads in the Rosary serve a practical purpose. They assist the individual in staying on track so that their attention can be to meditate on the mystery for each decade, instead of focusing on counting the beads.

There are a total of twenty individual mysteries of the Rosary that are grouped into four categories; the Joyful Mysteries, the Luminous Mysteries, the Sorrowful Mysteries, and the Glorious Mysteries. Each set of mysteries consist of five individual snapshots in the life of the Holy Family, Jesus, Mary and St. Joseph. These snapshots provide a focal point to contemplate and meditate upon while praying each decade of the Rosary. In October of 2002, St John Paul II instituted the first change in the Rosary in centuries. He added five new mysteries centered around the public life of Jesus. The newest mysteries of the Rosary are the “Luminous Mysteries”. Saint John Paul II believed that since the last decade of the Joyful Mysteries centered around Jesus as a twelve year old child. Then the next set of mysteries were the Sorrowful Mysteries, where we meditate on Jesus during his Passion. That the three years of Jesus’s public ministry should be incorporated into the Rosary and created a bridge between Jesus’s childhood to adulthood and Passion.

A decade consists of ten beads where a Hail Mary is recited on each of the ten beads. An Our Father is recited at the beginning of each decade where a new mystery, or snapshot, is introduced to meditate on while praying that specific decade. The Rosary usually takes about twenty minutes to recite and Catholics have traditionally prayed one of the four sets of mysteries on certain days of the week. The months of May and October are months designated by the Catholic Church to honor the Blessed Virgin Mary. It is a perfect time to incorporate this prayer into your individual and family prayers. It is interesting to note that when Mary appeared to the three children in Fatima, Portugal. Her first visitation occurred in May, and her last visitation, six months later concluded in the month of October.

Interesting Rosary Facts

- ✚ The word “**bead**” comes from an Old Saxon word “**bede**”, which means “**a prayer**.”
- ✚ The term “**Rosary**” comes from the word “**rosarius**” and means “**a garland or bouquet of roses**.”
- ✚ The Hail Mary that we pray was given official papal approval in 1568.

**“The Rosary
is the ‘weapon’
for these times.”**

-- St. Padre Pio --

If you want to know more, the Church of St. Luke Lending Library has several books on the Rosary. There are also free Pamphlets available on how to say the Rosary! Stop by and pick up a copy.

Taken from: *Champions of The Rosary* by Donald H. Calloway, MIC

The Pope’s Intention for May

Faith-Filled Young People

We pray for all young people, called to live life to the fullest; may they see in Mary’s life the way to listen, the depth of discernment, the courage that faith generates, and the dedication to service.

Exciting News from the Word on Fire

Have you struggled to follow along when praying **The Liturgy of the Hours**? We certainly have!

We were very excited to hear that *Word on Fire* now offers a monthly subscription booklet that contains all **The Liturgy of the Hours** for the month (core Hours for Morning, Evening, and Night prayer).

No flipping or ribbons and you have the correct prayers for every day of the month. We believe it is definitely worth checking out!

Please see the link below for details:
<https://www.wordonfire.org/pray/>

More News...

☆ Coming to the Connecticut Convention Center - **Michelangelo’s Sistine Chapel - The Exhibition** starting on 05/06/22. For information and tickets, check online at:

<https://sistinechapel-exhibit.com/hartford/>

📖 Coming to our Lending Library in June...new titles for men in honor of Father’s Day and St. Joseph!